## T-Cell Support

### Energy & Basic Nutrient Support

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| **End Fatigue™ Daily Energy B-Complex**<sup>*</sup> 73250 – 19 oz. (Berry flavor), 30 UltraCaps™ | Mix 1 level scoop with 8–12 ounces liquid. Each serving provides: 18 g of blend. Take 1 UltraCap daily. Each UltraCap provides: 75 mg 75 mg 50 mg 85 mg 800 mcg 500 mcg 50 mg 100 mg | • Multivitamin and mineral supplementation can be especially beneficial for individuals looking for additional immune support<sup>1,2</sup>  
• B complex vitamins support healthy immune system function<sup>1,3</sup>  
• Magnesium glycinate supports enzyme activity involved in energy production; supports healthy nerve and muscle function; and supports healthy immune system functions<sup>*</sup>  

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### Immune System Enhancement*  

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| **Immun’Age**  
56413 – 30 packets  
Fermented Papaya Preparation (FPP) | Take 1 to 3 packets a day. Each packet contains: 3 g  
Take in between meals. Dissolve in mouth. Do not take with water. Do not eat or drink anything 5 minutes before or after. | - Enhances the production of interferons - substances produced by immune cells as a normal defense reaction*¹,²  
- Increases CD8+ cell counts and enhances lymphocyte production as well*¹,²  
| **Cellular Forté MAX3™ supplement**  
75812 – 120 UltraCaps™  
IP-6 (inositol hexaphosphate)  
Inositol  
Maitake Mushroom (9 mg pure D-fraction)  
POA Cat’s Claw (pentacyclic chemotype) (1.3% pentacyclic oxindole alkaloids (POAs)) | Take 2 UltraCaps twice daily. Each UltraCap contains: 800 mg  
220 mg  
30 mg  
10 mg | - POA Cat’s Claw is patented and clinically studied to benefit both the natural and acquired immune systems, plus enhance critical B- and T-cell effectiveness*¹,²  
- When inositol combines with IP-6, they convert into two IP-3 molecules, which are essential for regulating healthy cell replication*³  
- Maitake D-fraction supports healthy natural killer cell development, macrophage activation, and cytotoxic T cell release* These actions, in turn trigger production of interleukins and other lymphokines, chemicals that help mediate a healthy immune response*⁴ | 1. Unpublished study. Open-framed trial of 14 HIV-infected patients. IMMODAL, Pharmaka GmbH. Volders, Austria.†  
| **Vitaline® CoQ10**  
76133 – 30 chewable wafers, Chocolate flavor  
76103 – 30 chewable wafers, Maple Nut flavor  
76113 – 30 chewable wafers, Orange Crème flavor  
76123 – 30 chewable wafers – Tropical Fruit flavor  
Coenzyme Q10 (CoQ10) (ubiquinone)  

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## T-Cell Support*

### Immune System Enhancement*

#### Protocols

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| Recancostat® 400 supplement | Take 1 UltraCap or 1 scoop (700 mg) with water on an empty stomach, 1-3 times daily. Each serving contains: 400 mg | • Reduced glutathione is essential to cellular detoxification, amino acid transport, production of coenzymes and recycling of vitamin E and C<sup>*</sup>  
• A powerful antioxidant that functions inside the cells, reduced glutathione blocks free radical damage to all types of tissues<sup>*</sup>  
• Adequate levels of GSH and antioxidants are desirable for supporting immune function<sup>*</sup>  

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# T-Cell Support*

## Healthy Bowel Function*

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| **Probiotic Pearls™**
  active cultures
  136001 – 30 pearls
  136002 – 90 pearls
  Stable, Gastric-Protected Probiotic Blend of:
  *Lactobacillus acidophilus* and *Bifidobacterium longum* | Take 1 Pearl capsule daily. Each Pearl capsule contains: 1 billion CFU | • Supports gastrointestinal health*¹  
• Lactobacillus acidophilus and *Bifidobacterium longum* have also been shown to possess immunoprotective/imune-modulatory properties*¹  

| **Fiber Formula**
  78452 – 120 UltraCaps™
  Encapsulated fiber blend of:
  Psyllium (*Plantago ovata*)
  Oat (*Avena sativa*)
  Guar gum (*Cyamopsis tetragonoloba*)
  Pectin (from citrus fruit)
  Marshmallow (*Althaea officinalis*) | Take 4 UltraCaps daily with 8 oz. of water. If desired, may be taken as 2 UltraCaps in the morning and 2 UltraCaps at night. May slowly increase to 8 UltraCaps daily. Four UltraCaps contain: 1727 mg | • Promotes healthy gastrointestinal function*¹  
• Enhances immunity*¹  

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| Super Milk Thistle® X  
78106 – 60 UltraCaps™  
78102 – 120 UltraCaps | Take 1 UltraCap two to three times daily. Each UltraCap contains:  
200 mg  
80 mg  
20 mg  
20 mg | - Milk thistle enhances bile production, which supports healthy digestion and detoxification*  
- It supports immune system function by promoting an increase in interferon gamma, interleukin (IL)-4 and IL-10 cytokines*¹  
- Dandelion enhances immune function and has specific effects on TNF alpha activity*²  
- Artichoke promotes bile flow, which supports healthy gastrointestinal function*³  

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| **Pantethine Plus™**  
75519 – 90 tablets | Take 1 tablet 3 times daily, with or immediately before each meal. Each tablet contains: 200 mg 400 mg | • Supports healthy cholesterol levels already within the normal ranges*1,2  
| Pantethine Phytosterol | | | |
| **Eskimo-3® fish oil**  
72190 – 105 ml  
72297 – 105 softgels | Take up to 5 g daily with meals in the form of:  
– 3 original softgels (1.5 g) 3 times daily  
– 1 teaspoon liquid (5 mL)  
– 5 PurEFA softgels (5 g) | • Clinically shown to support healthy cardiovascular function*1  
| **Eskimo® PurEFA™**  
1000mg fish oil  
72622 - 150 softgels | Each daily serving contains 1.5 – 5 g fish oil and provides: 210-900 mg EPA 125-580 mg DHA | • Supports a healthy immune system response*2,3  
2. | |

**Healthy Blood Lipid Metabolism**

Eskimo-3® is a registered trademark of Cardinova Aktiebolag.

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<td><strong>Physicians’ Protein Complex</strong>&lt;br&gt;316020 - 10.6 oz.&lt;br&gt;(300 g) powder&lt;br&gt;Whey Protein Concentrate</td>
<td>Mix 2 scoops (20 g) with cold water once daily.</td>
<td>• Supports healthy muscle and tissue formation*; supports healthy immune system functioning<em>¹&lt;br&gt;• Also a source of naturally occurring, undenatured bioactive nutrients including lactoferrin and immunoglobulins&lt;br&gt;• Both lactoferrin and immunoglobulins possess immunomodulatory activities</em>¹</td>
<td>1. Cross ML, et al. <em>Modulation of immune function by modified bovine whey protein concentrate</em>. Immuno and Cell Biol 1999;77:345-350.</td>
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