## Immune – Upper Respiratory Support* General

### Protocols

<table>
<thead>
<tr>
<th>Product &amp; Ingredient</th>
<th>Dosage</th>
<th>Features</th>
<th>Reference</th>
</tr>
</thead>
</table>
| **Esberitox**<sup>®</sup> (Echinacea) 79956 | Take 3 times daily. Age specific. Age 2-5: 1 tablet Age 6-11: 2 tablets Age 12: 3 tablets Three tablets contain: 30 mg 22.5 mg 6 mg | - Clinically studied, unique formulation with established efficacy and safety<sup>1</sup>  
- Leading immune support product in European Union over the last 80 years  
- Does not interfere with commonly prescribed medications  
- Safe for children*  
- Great tasting chewable  
- In a double blind placebo controlled clinical study, individuals using Esberitox reported feeling better more quickly than individuals not using Esberitox<sup>2</sup>  
| Wild Indigo (*Baptisia tinctoria*) Root  
Echinacea purpurea and pallida Root  
Thuja (*Thuja occidentalis*) Leaf |  |  |  |
| **Super Immuno-Tone™**<sup>®</sup> 78126 | Take 3 times daily. Each serving contains: 5,000 IU 100 mg 3 mg 150 mg 150 mg | - Supports proper immune system function<sup>1-3</sup> | 1. Cui D, et al. High-level dietary vitamin A enhances T-helper type 2 cytokine production and secretory immunoglobulin A response to influenza virus infection in BALB/c mice. *J Nutr.* 2000 May;130(5):1132-9.  

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
**Immune – Upper Respiratory Support**

### General Immune Support

**Protocols**

<table>
<thead>
<tr>
<th>Product &amp; Ingredient</th>
<th>Dosage</th>
<th>Features</th>
<th>Reference</th>
</tr>
</thead>
</table>
| **EHB**
  **166007 – 60 capsules**
  Echinacea Blend:
  - *E. angustifolia*
  - *E. pallida*
  - *E. purpurea*
  - *E. purpurea*
  - *E. angustifolia*
  Licorice (*Glycyrrhiza glabra*)
  Goldenseal Blend:
  - (*Hydrastis Canadensis*)
  (5% alkaloids including hydrastine & berberine)
| Take 2 capsules three times daily. Two capsules contain: 350 mg 100 mg 35 mg | Alternative option for immune system support*
| **ImmunoKids®**
  **295003 - 90 capsules**
  - Vitamin C
  - Calcium
  - Zinc
  - IP-6 (inositol hexaphosphate)
  - Inositol
  - Grape (*Vitis vinifera*) (31% polyphenols and 66% phosphatidylcholine)
  - Citrus Bioflavonoids
  - Pine (95% polyphenols)
  - Aloe Vera
  - POA Cat’s Claw (*Uncaria tomentosa*) (1.3% pentacyclic oxindole alkaloids)
  - Monolaurin (*glyceryl monolaurate*)
| Take 3 times daily. Each serving contains: 500 mg 65 mg 10 mg 400 mg 110 mg 83 mg 50 mg 25 mg 20 mg 10 mg 10 mg | Children’s alternative for Super Immuno-Tone™
  - Formulated by physicians

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*
<table>
<thead>
<tr>
<th>Protocols</th>
<th><a href="http://www.itiprotocols.integrativeinc.com">www.itiprotocols.integrativeinc.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Product &amp; Ingredient</strong></td>
<td><strong>Dosage</strong></td>
</tr>
<tr>
<td><strong>Super Immuno-Tone™</strong>&lt;sup&gt;™&lt;/sup&gt; or <strong>ImmunoKids®</strong>&lt;sup&gt;®&lt;/sup&gt;</td>
<td>Refer to Super Immuno-Tone™ and ImmunoKids® product information from “Immune Support” protocol.</td>
</tr>
<tr>
<td>ImmunKids® is a registered trademark of Creation’s Own, Inc.</td>
<td></td>
</tr>
<tr>
<td>Blend of:  Cowslip (<strong>Primula veris</strong>)  Sour Dock (<strong>Rumex acetosa</strong>)  European Elder (<strong>Sambucus nigra</strong>)  European Vervain (<strong>Verbena officinalis</strong>)  Gentian (<strong>Gentiana lutea</strong>)</td>
<td></td>
</tr>
<tr>
<td><strong>Esberitox® echinacea</strong>&lt;sup&gt;®&lt;/sup&gt; Esberitox® is a registered trademark of Schaper &amp; Brümmer GmbH &amp; Co.</td>
<td>Include if needed for sinus support associated with seasonal respiratory concerns. Refer to Esberitox product information from “Immune Support” protocol.</td>
</tr>
<tr>
<td><strong>Bronchoril® 72321 – 100 tablets</strong></td>
<td>Age specific. All regimens, take every 4 hours. Each tablet contains: 200 mg  Age 6-11: ½-1 tablet every 4 hours  Age 12: 1-2 tablets every 4 hours  Not to exceed 6 tablets in 24 hours.</td>
</tr>
<tr>
<td>Guaifenesin</td>
<td></td>
</tr>
</tbody>
</table>

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*
## Immune – Upper Respiratory Support* General

### Healthy Bronchoril Function*

<table>
<thead>
<tr>
<th>Product &amp; Ingredient</th>
<th>Dosage</th>
<th>Features</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Super Immuno-Tone™</strong>&lt;sup&gt;†&lt;/sup&gt; or ImmunoKids®&lt;sup&gt;†&lt;/sup&gt;</td>
<td>Refer to Super Immuno-Tone™ and ImmunoKids® product information from “Immune Support” protocol.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **Bronchoril® 72321** – 100 tablets | Age specific. All regimens, take every 4 hours. Each tablet contains: 200 mg | ≥OTC expectorant  
≥Can be added if needed for additional sinus support  
| Guaifenesin | Age 6-11: ½-1 tablet every 4 hours  
Age 12: 1-2 tablets every 4 hours  
Not to exceed 6 tablets in 24 hours. | | |
| **Ivy Calm® 78771** – 100 ml | Age specific. All regimens, take 2-6 times per day: Age 2-5:  
1 tsp. (5 mL)  
Age 6-11:  
1½ tsp. (7.5 mL)  
>Age 12:  
2 tsp. (10 mL) | ≥Non-OTC alternative to Bronchoril®  
≥Clinically studied  
≥Liquid form  
≥Safe for children*  
| Liquid Preparation of: English Ivy Leaf Extract (27% hederacoside C) | | | |
| **Esberitox® echinacea** | Include if needed for additional bronchial support associated with seasonal respiratory concerns.* Refer to Esberitox echinacea product information from “Immune Support” protocol. | | |
| Esberitox® is a registered trademark of Schaper & Brümmers GmbH & Co. | | | |

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
## Immune – Upper Respiratory Support* General

### Recurrent Concerns*

<table>
<thead>
<tr>
<th>Product &amp; Ingredient</th>
<th>Dosage</th>
<th>Features</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Esberitox® echinacea</strong> and <strong>Super Immuno-Tone™</strong> or <strong>ImmunoKids®</strong></td>
<td>Refer to Esberitox echinacea, Super Immuno-Tone*, and ImmunoKids* product information from &quot;Immune Support&quot; protocol.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Esberitox® is a registered trademark of Schaper & Brümmer GmbH & Co.*

*ImmunoKids® is a registered trademark of Creation's Own, Inc.*

<table>
<thead>
<tr>
<th><strong>Recancostat™ 400 supplement</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>236006 – 60UltraCaps™</td>
</tr>
<tr>
<td>236007 – 56g powder</td>
</tr>
</tbody>
</table>

**Reduced Glutathione (GSH)**

10% Anthocyanins

**Blend:**

- Beet
- Bilberry
- Black Currant
- European Elder
- L-Cysteine

| |
|----------------------|--------|----------|---|
| Take 1 UltraCap or 1 scoop (700 mg) with water on an empty stomach, 1-3 times daily. Each serving contains: 400 mg 200 mg 80 mg | • Clinically studied  
• Stimulates immune system*1-4  
• Exclusive, patented ingredients  
• Orally bioavailable source of reduced glutathione  

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
### Immune – Upper Respiratory Support* General

**Healthy Air Flow***

#### Protocols

<table>
<thead>
<tr>
<th>Product &amp; Ingredient</th>
<th>Dosage</th>
<th>Features</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Esberitox® echinacea and Super Immuno-Tone™</strong> or <strong>ImmunoKids®</strong></td>
<td>Refer to Esberitox echinacea, Super Immuno-Tone*, and ImmunoKids* product information from &quot;Immune Support&quot; protocol.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Esberitox® is a registered trademark of Schaper & Brümmer GmbH & Co.*

*Immunokids® is a registered trademark of Creation’s Own, Inc.*

| **Ivy Calm® 78771 – 100 ml** | Age specific. All regimens, take 2-6 times per day: Age 2-5: 1 tsp. (5 mL) Age 6-11: 1½ tsp. (7.5 mL) >Age 12: 2 tsp. (10 mL) | • Clinically studied • Provides anti-spasmodic activity, supports lung and bronchial passage health*† | 1. Hofmann D, et al. *Efficacy of dry extract of ivy leaves in children with bronchial asthma – a review of randomized controlled trials*. Phytomedicine. 2003 Mar;10(2-3):213-20.† |

*Liquid Preparation of: English Ivy Leaf Extract (27% hederacoside C)*

---

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

www.itiprotocols.integrativeinc.com
<table>
<thead>
<tr>
<th>Protocols</th>
<th><a href="http://www.itiproocols.integrativeinc.com">www.itiproocols.integrativeinc.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><em><em>Immune – Upper Respiratory Support</em> General</em>*</td>
<td></td>
</tr>
<tr>
<td><strong>Healthy Air Flow</strong>*</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Product &amp; Ingredient</th>
<th>Dosage</th>
<th>Features</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Esberitox® echinacea and Super Immuno-Tone™</strong> or <strong>ImmunoKids®</strong></td>
<td>Refer to Esberitox echinacea, Super Immuno-Tone*, and ImmunoKids* product information from “Immune Support” protocol.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **Immun'Age 56413 – 30 packets** | 6-9 g one daily, for the first 2-3 days, then 3 g once daily thereafter. Take in between meals. Dissolve in mouth. Do not take with water. Do not eat or drink anything 5 minutes before or after. | • Supports the body’s immune defenses\(^1\)  

---

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.