

Protocols

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Product & Ingredient	Dosage	Features	Reference
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In order to optimize immune system health, the following pathways must be evaluated and addressed:

1. Oxidative stress
2. Immune system function
3. Natural inflammatory response
4. Detoxification
5. Hormonal Balance

<p>Vitaline® CoQ10 76183 – 30 chewable wafers, Maple Nut flavor 76186 – 60 chewable wafers, Maple Nut flavor 76196 – 60 chewable wafers, Maple Nut flavor</p> <p>Coenzyme Q10 (CoQ10) (ubiquinone) High purity Natural Form</p>	<p>Take 2-3 wafers daily.</p> <p>Each wafer contains:</p> <p>300 mg</p> <p>Under doctor's supervision, may be used concurrent with conventional therapies</p>	<ul style="list-style-type: none"> • CoQ10 is required for healthy cellular function*¹ • A well-documented antioxidant and free radical scavenger, CoQ10 protects mitochondrial DNA, protein, and lipids from oxidative damage* • Supports healthy cell growth and development*²⁻⁴ • Significantly increases levels of IgG and T4-lymphocytes*³ 	<ol style="list-style-type: none"> 1. Portakal O, et al. Coenzyme Q10 concentrations and antioxidant status in tissues of breast cancer patients. <i>Clin Biochem</i>. 2000 Jun; 33(4):279-84. 2. Lockwood K, et al. Partial and complete regression of breast cancer in patients in relation to dosage of coenzyme Q10. <i>Biochem Biophys Res Commun</i>. 1994 Mar 30; 199(3):1504-8. 3. Folkers K, et al. The activities of coenzyme Q10 and vitamin B6 for immune response. <i>Biochem Biophys Res Commun</i>. 1993 May 28;193(1):88-92.† 4. Folkers K, et al. Survival of cancer patients on therapy with coenzyme Q10. <i>Biochem Biophys Res Commun</i>. 1993 Apr 15; 192(1):241-5.†
<p>Recancostat® 400 supplement 236006 – 60 UltraCaps™ 236007 – 56 g powder</p> <p>Reduced Glutathione (GSH) 10% Anthocyanins Blend: Beet Bilberry Black currant European elder L-Cysteine</p> <p><i>Recancostat® is a registered trademark of Gernot Treusch.</i></p>	<p>Take 1 UltraCap or 1 scoop (700 mg) with water on an empty stomach, 1-3 times daily.</p> <p>Each serving contains: 400 mg 200 mg</p> <p>80 mg</p> <p>Under doctor's supervision, may be used concurrent with conventional therapies</p>	<ul style="list-style-type: none"> • Reduced glutathione is essential to cellular detoxification, amino acid transport, production of coenzymes and recycling of vitamin E and C*¹ • A powerful antioxidant that functions inside the cells, reduced glutathione blocks free radical damage to all types of tissues*¹ • Adequate levels of GSH and antioxidants are desirable for supporting immune function*¹ • AnthoRedoxin™ - an exclusive blend of potent fruit antioxidants called anthocyanins, which help maintain the efficacy of GSH*² • Recancostat supplement has been clinically shown to enhance glutathione levels*³ 	<ol style="list-style-type: none"> 1. Sung JH, et al. Protective effect of glutathione in HIV-1 lytic peptide 1-induced cell death in human neuronal cells. <i>J Neurovirol</i>. 2001 Oct;7(5):454-65. 2. Hou DX. Potential mechanisms of cancer chemoprevention by anthocyanins. <i>Curr Mol Med</i>. 2003 Mar;3(2):149-59. 3. Garcia-Giralt E, et al. Preliminary study of GSH L-cysteine anthocyanine [brand name] in metastatic colorectal carcinoma with relative denutrition. Presented at the European Cancer Conference. September 14-18, 1997. <i>Eur J Cancer</i>. 1997;33(sup 8).†

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Product & Ingredient	Dosage	Features	Reference
Immun'Age 56413 – 30 packets Fermented Papaya Preparation (FPP)	Take 2-3 packets for 2-3 days then 1 packet a day thereafter. Each packet contains: 3 g Take in between meals. Dissolve in mouth. Do not take with water. Do not eat or drink anything 5 minutes before or after.	<ul style="list-style-type: none"> • Supports both antioxidant and immune system function, including a clinically validated impact on two pathways that eliminate free radicals from the body, Superoxidas Mutase (SoD) and Glutathione Peroxidase*¹ • Enhances the immunostimulatory activity of macrophages*² • Enhances nitric oxide synthesis, thereby supporting host immune defenses*² 	<ol style="list-style-type: none"> 1. Imao K, et al. Free radical scavenging activity of fermented papaya preparation and its effect on lipid peroxide level and superoxide dismutase activity in iron-induced epileptic foci of rats. <i>Biochem Mol Biol Int.</i> 1998 Jun;45(1):11-23.† 2. Rimbach G, et al. Nitric oxide synthesis and TNF-alpha secretion in RAW 264.7 macrophages: mode of action of a fermented papaya preparation. <i>Life Sci.</i> 2000 Jun 30; 67(6):679-94.†

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<p>Cellular Forté MAX3™ supplement 75812 – 120 UltraCaps™</p> <p>IP-6 (inositol hexaphosphate) Inositol Maitake Mushroom (9 mg pure D-fraction) POA Cat's Claw (pentacyclic chemotype) (1.3% pentacyclic oxindole alkaloids (POAs))</p>	<p>Take 2 UltraCaps twice daily. Begin 2 days after chemotherapy and stop 1 day before treatment. 800 mg</p> <p>220 mg</p> <p>30 mg</p> <p>10 mg</p>	<ul style="list-style-type: none"> • When inositol combines with IP-6, they convert into two IP-3 molecules, which are essential for regulating healthy cell development*¹ • Research has demonstrated that IP-6 combined with inositol increases the activity of natural killer cells*² • Maitake D-fraction supports healthy natural killer cell development, macrophage activation, and cytotoxic T cell release.* These actions, in turn trigger production of interleukins and other lymphokines, chemicals that help mediate a healthy immune response*³ • POA Cat's Claw is patented and clinically studied to benefit both the natural and acquired immune systems, plus enhance critical B- and T-cell effectiveness*^{4,5} 	<ol style="list-style-type: none"> 1. Shamsuddin AM. Inositol phosphates have novel anticancer function. <i>J Nutr.</i> 1995;125:725S-732S.† 2. Baten A, et al. Inositol-phosphate-induced enhancement of natural killer cell activity correlates with tumor suppression. <i>Carcinogenesis.</i> 1989;10(9):1595-1598. 3. Matsui K, et al. Effects of maitake (Grifola frondosa) D-fraction on the carcinoma angiogenesis. <i>Cancer Lett.</i> 2001;172:193-8. 4. Sheng Y, et al. Enhanced DNA repair, immune function and reduced toxicity of [brand name], a novel aqueous extract from Uncaria tomentosa. <i>J Ethnopharmacology.</i> 2000;69:115-126. 5. [Brand name] in the auxiliary treatment with chemotherapy and radiotherapy. Unpublished data.†

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<p>Bio-Zyme® systemic enzymes 74251 – 100 tablets 74250 – 200 tablets</p> <p>Pancreatic Enzymes 10X (full strength, undiluted) Protease 81,250 USP Amylase 81,250 USP Lipase 6,500 USP</p> <p>Trypsin Papain Bromelain Amylase Lipase Lysozyme Chymotrypsin</p>	<p>Take 2 tablets on an empty stomach 3 times daily. Two tablets contain: 325 mg</p> <p>75 mg 50 mg 50 mg 10 mg 10 mg 10 mg 2 mg</p>	<ul style="list-style-type: none"> Enhances immune system function by breaking down unwanted proteins*¹ Improves digestion in individuals looking for additional immune support*² Supports healthy cell development*^{2,3} 	<ol style="list-style-type: none"> Sakalova A, et al. Density of adhesive proteins after oral administration of proteolytic enzymes in multiple myeloma. <i>Vnitř Lek.</i> 1995 Dec;41(12):822-6. Popiela T, et al. Influence of a complementary treatment with oral enzymes on patients with colorectal cancers – an epidemiological retrospective cohort study. <i>Cancer Chemother Pharmacol.</i> 2001 Jul;47 Suppl:S55-63. Wald M, et al. Polyenzyme preparation [brand name] inhibits growth of solid tumors and development of experimental metastases in mice. <i>Life Sci.</i> 1998; 62(3):PL43-8.
<p>Esberitox® echinacea 79951 – 100 chewable tablets 79956 – 30 chewable tablets</p> <p>Wild Indigo <i>Echinacea purpurea</i> and <i>pallid</i> (coneflower) Thuja (white cedar leaf)</p> <p><i>Esberitox® is a registered trademark of Schaper & Brümmer GmbH & Co.</i></p>	<p>Take 3 tablets 3 times daily. Three tablets contain:</p> <p>30 mg 22.5 mg 6 mg</p>	<ul style="list-style-type: none"> Helps strengthen the body's natural defense mechanisms*¹⁻⁴ 	<ol style="list-style-type: none"> Bendel R, et al. Additional treatment with [Echinacea herbal blend] in patients with chemo-radiotherapy treatment of advanced breast cancer. <i>Onkologie.</i> 1989 Jun;12 Suppl 3:32-38.† Bendel R, et al. Supplementary treatment with [Echinacea herbal blend] of female patients undergoing curative adjuvant irradiation following breast cancer. <i>Strahlenther Onkol.</i> 1988 May;164(5):278-283.† Pohl P. Treatment of radiation-induced leukopenia with [Echinacea herbal blend]. <i>Ther Ggw.</i> 1970 Jun;109(6):901.† Pohl P. On the therapy of irradiation-induced leukopenia with [Echinacea herbal blend]. <i>Med Klin.</i> 1969; 64(35):1546-7.†

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<p>Eskimo-3® fish oil 72190 – 105 ml 72297 – 105 softgels Eskimo® PurEFA™ 1000mg fish oil 72622 - 150 softgels</p> <p>Omega-3 Fatty Acids 14-18% EPA** 8.3-11.7% DHA** Pharmaceutical grade High purity Naturally stable</p> <p>**EPA=eicosapentaenoic acid **DHA=docosahexaenoic acid</p> <p><i>Eskimo-3® is a registered trademark of Cardinova Aktiebolag.</i></p>	<p>Take up to 5 g daily with meals in the form of:</p> <ul style="list-style-type: none"> – 3 original softgels (1.5 g) 3 times daily – 1 teaspoon liquid (5 mL) – 5 PurEFA softgels (5 g) <p>Each daily serving contains 1.5 – 5 g fish oil and provides: 210-900 mg EPA 125-580 mg DHA</p>	<ul style="list-style-type: none"> • Possesses immunomodulatory activities*¹⁻³ • Supports healthy cell growth and differentiation*^{4,5} 	<ol style="list-style-type: none"> 1. Erickson KL, et al. Dietary fish oil modulation of macrophage tumoricidal activity. <i>Nutrition</i>. 1996 Jan;12(1 Suppl):S34-8. 2. Lo CJ, et al. Fish oil modulates macrophage P44/P42 mitogen-activated protein kinase activity induced by lipopolysaccharide. <i>JPEN J Parenter Enteral Nutr</i>. 2000 May-Jun;24(3):159-63. 3. Caughey GE, et al. The effect on human tumor necrosis factor alpha and interleukin beta production of diets enriched in n-3 fatty acids from vegetable oil or fish oil. <i>Am J Clin Nutr</i>. 1996 Jan;63(1):116-22. 4. Jho DH, et al. Role of omega-3 fatty acid supplementation in inflammation and malignancy. <i>Integr Cancer Ther</i>. 2004 Jun;3(2):98-111. 5. Hardman WE. Omega-3 fatty acids to augment cancer therapy. <i>J Nutr</i>. 2002 Nov; 132(11 Suppl):3508S-3512S.

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<p>Fiber Formula 78452 – 120 UltraCaps™</p> <p>Dietary fiber Fiber Blend containing: Psyllium Husk Oat Bran Guar Gum Pectin (from citrus fruit) Marshmallow Root</p>	<p>Take 4 UltraCaps daily with 8 oz. of water. If desired, may be taken as 2 UltraCaps in the morning and 2 UltraCaps at night. May slowly increase to 8 UltraCaps daily. Four UltraCaps contain: 2 g 1727 mg</p>	<ul style="list-style-type: none"> • Safely absorbs and eliminates toxins*¹ • Supports the immune system* <p>Patent-pending True Dispersion™ technology ensures the fiber is completely released and dispersed throughout the colon for thorough cleansing*²</p>	<ol style="list-style-type: none"> 1. Reddy BS. Prevention of colon carcinogenesis by components of dietary fiber. <i>Anticancer Res.</i> 1999 Sep-Oct;19(5A):3681-3. 2. Study on the comparative dispersion of encapsulated fiber blends. Unpublished data. June 2003.†
<p>Silybin Phytosome 78436 – 60 UltraCaps</p> <p>Silybin (from milk thistle extract) bound to phosphatidylcholine for enhanced absorption and bioavailability</p>	<p>Take 1 UltraCaps 1-2 times daily. Each UltraCaps contains: 120 mg</p>	<ul style="list-style-type: none"> • Supports the body's natural detoxification and cleansing processes by increasing bile production and flow* • Promotes glutathione production, which protects the liver from oxidative damage*^{1,2} <p>Proprietary Phytosome™ technology combines one part silybin (the most beneficial component of milk thistle extract) with two parts phosphatidylcholine</p> <p>Research indicates Phytosomes are absorbed more effectively than non-Phytosome products*³</p>	<ol style="list-style-type: none"> 1. Gonzalez-Correa JA, et al. Effects of silymarin MZ-80 on hepatic oxidative stress in rats with biliary obstruction. <i>Pharmacology.</i> 2002 Jan;64(1):18-27. 2. Singh RP, et al. Silibinin strongly inhibits growth and survival of human endothelial cells via cell cycle arrest and downregulation of survivin, Akt and NF-kappaB: implications for angioprevention and antiangiogenic therapy. <i>Oncogene.</i> 2005 Feb 10;24(7):1188-202 3. Barzaghi N, et al. Pharmacokinetic studies on IdB 1016, a silybin-phosphatidylcholine complex, in healthy human subjects. <i>Eur J Drug Metab Pharmacokinet.</i> 1990 Oct-Dec;15(4):333-8.†
<p>Probiotic Pearls™ active cultures 136001 – 30 pearls 136002 – 90 pearls Stable, Gastric-Protected Probiotic Blend of: <i>Lactobacillus acidophilus</i> and <i>Bifidobacterium longum</i></p>	<p>Take 1 Pearl capsule daily. Each Pearl contains: 1 billion CFU</p>	<ul style="list-style-type: none"> • Promote healthy intestinal flora balance*^{1,2} • Enhance detoxification of DNA-toxic substances in the intestines*^{1,2} <p>Patented "True Delivery" system protects microflora from shelf conditions like air and light³</p>	<ol style="list-style-type: none"> 1. Goossens D, et al. Probiotics in gastroenterology: indications and future perspectives. <i>Scand J Gastroenterol Suppl.</i> 2003(239):15-23. 2. Wollowski I, et al. Protective role of probiotics and prebiotics in colon cancer. <i>Am J Clin Nutr.</i> 2001 Feb;73(2 Suppl):451S-455S. 3. Probiotic Comparison Testing. Unpublished data. June 3, 2002.†

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<p>Calcium D-Glucarate 146006 – 90 <i>UltraCaps™</i></p> <p>Calcium D-Glucarate</p> <p><i>Calcium D-Glucarate licensed from Applied Food Sciences, LLC.</i></p>	<p>Take 3 UltraCaps 3 times daily with meals. Three UltraCaps contain: 1.5 g</p>	<ul style="list-style-type: none"> • Supports detoxification by increasing elimination of estrogens via Phase II glucuronidation pathways.*^{1,2} • Clinically studied 	<ol style="list-style-type: none"> 1. Walaszek Z, et al. Metabolism, uptake, and excretion of a D-glucaric acid salt and its potential use in cancer prevention. <i>Cancer Detect Prev.</i> 1997;21(2):178-90.† 2. Walaszek Z, et al. Antiproliferative effect of dietary glucarate on the Sprague-dawley rat mammary gland. <i>Cancer Lett.</i> 1990 Jan; 49(1):51-7.†
<p>Indoplex® 286006 – 30 <i>UltraCaps</i> 286002 – 60 <i>UltraCaps</i></p> <p>Stable, Bioavailable Diindolymethane (DIM), co-solubilized with vitamin E and phosphatidylcholine, for enhanced absorption and bioavailability</p> <p><i>Indoplex® and DIM® are trademarks of and is licensed from BioResponse, L.L.C., U.S. Patent 6,086,915.</i></p>	<p>Take 1 UltraCaps daily with food.</p> <p>One UltraCaps contains: 120 mg</p>	<ul style="list-style-type: none"> • Supports healthy estrogen metabolism* • DIM induces 2-hydroxyestrone (2OH1) and 2-hydroxyestradiol (2-OH2) in diverse tissues, leading to net inhibition of excessive estrogen stimulation* • Once present in the circulation, 2-OH1 and 2-OH2 are metabolized by catechol-O-methyl transferase (COMT), resulting in 2-methoxyestrone and 2-methoxyestradiol* • These critical metabolites have been shown to promote healthy cell development in animals and humans*¹⁻³ • Provides the first and only stable, bioavailable form of DIM • Patented delivery system for enhanced absorption* 	<ol style="list-style-type: none"> 1. Hong C, et al. 3, 3'-Diindolymethane (DIM) induces a G (1) cell cycle arrest in human breast cancer cells that is accompanied by Sp1-mediated activation of p21 (WAF1/CIP1) expression. <i>Carcinogenesis.</i> 2002 Aug;23(8):1297-305. 2. Le HT, et al. Plant-derived 3, 3'-Diindolymethane is a strong androgen antagonist in human prostate cancer cells. <i>J Biol Chem.</i> 2003;278(23):21146-45. 3. Dalessandri KM, et al. Pilot study: effect of 3, 3'-diindolymethane supplements on urinary hormone metabolites in postmenopausal women with a history of early-stage breast cancer. <i>Nutr Cancer.</i> 2004; 50(2):161-7.

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Product & Ingredient	Dosage	Features	Reference
Protective Breast Formula™* 05886 – 60 tablets Vitamin D3 Turmeric (<i>Curcuma longa</i>) (85-100% curcumin) Green Tea (<i>Camellia sinensis</i>) (70% polyphenols) Calcium D-Glucarate Diindolymethane (DIM) Grape (<i>Vitis vinifera</i>) (90% polyphenols) Maitake (<i>Grifola frondosa</i>) (30% pure D-fraction)	Take 2 tablets daily. Two tablets contain: 400 IU 1000 mg 500 mg 200 mg 30 mg 100 mg 90 mg	Provides support for breast health through multiple pathways* ¹⁻¹² <ul style="list-style-type: none"> • Cholecalciferol enhances the body's natural immune system*¹ • Turmeric and Green tea possess powerful antioxidant activity and support healthy breast cells*²⁻⁷ • Calcium D-glucarate supports the immune system, promotes estrogen metabolism, and enhances the body's detoxification systems*⁸ • DIM supports healthy estrogen metabolism*⁹ • Grape seed extract possesses antioxidant activity greater than Vitamin C and E*^{10,11} • Maitake mushroom D-fraction has boosts natural killer-cell and immune system activity*¹² 	<ol style="list-style-type: none"> 1. Weitsman GE, et al. Vitamin D enhances caspase-dependent and independent THF-induced breast cancer cell death: the role of reactive oxygen species. <i>Ann NY Acad Sci</i>. 2003 Dec;1010:437-40. 2. Tilak JC, et al. Antioxidant availability of turmeric in relation to its medicinal and culinary uses. <i>Phytother Res</i>. 2004; 18(10):798-804. 3. Verma SP, et al. The inhibition of estrogenic effects of pesticides and environmental chemicals by Curcumin and isoflavonoids. <i>Environmental Health Perspectives</i>. 1998 Dec;106:807-812. 4. Roy AM, et al. Epigallocatechin-3-gallate induces apoptosis in estrogen receptor-negative human breast carcinoma cells via modulation in protein expression of p53 and Bax and caspase-3 activation. <i>Mol Cancer Ther</i>. 2005 Jan;4(1):81-90. 5. Fujiki H, et al. Mechanistic findings of green tea as cancer preventative for humans. <i>Proc Soc Exp Biol Med</i>. 1999 Apr; 220(4):225-8. 6. Nagata C, et al. Association of coffee, green tea, and caffeine intakes with serum concentrations of estradiol and sex hormone-binding globulin in premenopausal Japanese women. <i>Nutr Cancer</i>. 1998;30(1):21-4. 7. Nakachi K, et al. Influence of drinking green tea on breast cancer malignancy among Japanese patients. <i>Jpn J Cancer Res</i>. 1998 Mar;89(3):254-61. 8. Walaszek Z, et al. Metabolism, uptake, and excretion of D-glucaric acid salt and its potential use in cancer prevention. <i>Cancer Detect Prev</i>. 1997; 21:178-190. 9. Zeligs MA. Safer estrogen with phytonutrition. <i>Towns Lett</i>. 1999;189:83-88.† 10. Bagchi D, et al. Oxygen free radical scavenging abilities of Vitamin C and E, and a grape seed proanthocyanidins extract in vitro. <i>Res Commun Mol Pathol Pharmacol</i>. 1997;95(2):179-89. 11. Sharma G, et al. Synergistic anti-cancer effects of grape seed extract and conventional Cytotoxic agent doxorubicin against human breast carcinoma cells. <i>Breast Cancer Res Treat</i>. 2004 May; 85(1):1-12. 12. Kodama N, et al. Effect of Mitake (Grifola frondosa) D-Fraction on the activation of NK cells in cancer patients. <i>J Med Food</i>. 2003; 6(4):371-7.

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Pros-Forte™ 276006 – 60 tablets Zinc Saw Palmetto (<i>Serenoa repens</i>) Pumpkin (<i>Cucurbita pepo</i>) Pygeum (<i>Pygeum african</i>) Stinging Nettle (<i>Urtica dioica</i>) Lycopene	Take 1 tablet twice daily. One tablet contains: 15 mg 160 mg 100 mg 50 mg 50 mg 1 mg	Additional Prostate Support* <ul style="list-style-type: none"> Provides nutritional support for healthy prostate function*¹⁻⁸ 	<ol style="list-style-type: none"> Costello LC, et al. The clinical relevance of the metabolism of prostate cancer; zinc and tumor suppression: connecting the dots. <i>Mol Cancer</i>. 2006 May 15;5(1):17 [Epub ahead of print] Goldmann WH, et al. Saw palmetto berry extract inhibits cell growth and Cox-2 expression in prostatic cancer cells. <i>Cell Biol Int</i>. 2001;25(11):1117-24. Zhang X, et al. Effect of the extracts of pumpkin seeds on the urodynamics of rabbits: an experimental study. <i>J Tongji Med Univ</i>. 1994;14(4):235-8. Barlet A, et al. Efficacy of Pygeum africanum extract in the medical therapy of urination disorders due to benign prostatic hyperplasia: evaluation of objective and subjective parameters. A placebo-controlled double-blind multicenter study. <i>Wien Klin Wochenschr</i>. 1990 Nov 23;102(22):667-73. Ishani A, et al. Pygeum africanum for the treatment of patients with benign prostatic hyperplasia: a systematic review and quantitative meta-analysis. <i>Am J Med</i>. 2000 Dec 1;109(8):654-64. Safarinejad MR. Urtica dioica for Treatment of Benign Prostatic HyperplasiaA Prospective, Randomized, Double-Blind, Placebo-Controlled, Crossover Study. <i>J Herb Pharmacother</i>. 2005;5(4):1-11. Kucuk O, et al. Phase II randomized clinical trial of lycopene supplementation before radical prostatectomy. <i>Cancer Epidemiol Biomarkers Prev</i>. 2001;10:861-868.

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Healthy Cells™ Prostate* 15896 – 60 tablets Calcium D-Glucarate Green Tea (<i>Camellia sinensis</i>) Maitake (<i>Grifola frondosa</i>) Mushroom Lycopene	One tablet twice daily with meals. Each tablet contains: 200 mg 50 mg 55 mg 2.5 mg	Healthy Prostate Cell Support* <ul style="list-style-type: none"> • Supports the development of healthy prostate cells*¹⁻⁵ • Helps maintain healthy testosterone levels*¹⁻⁵ 	<ol style="list-style-type: none"> 1. Walaszek Z, et al. Metabolism, uptake, and excretion of a Dglucaric acid salt and its potential use in cancer prevention. <i>Cancer Detect Prev.</i> 1997;21:178-190.† 2. Walaszek Z. Potential use of D-glucaric acid derivatives in cancer prevention. <i>Cancer Lett</i> 1990;54:1–8.† 3. Gupta S, et al. Inhibition of prostate carcinogenesis in TRAMP mice by oral infusion of green tea polyphenols. <i>Proc Natl Acad Sci U S A.</i> 2001;98:10350-10355. 4. Chung LY, et al. Induction of apoptosis by green tea catechins in human prostate cancer DU145 cells. <i>Life Sci.</i> 2001;68:1207-1214. 5. Matsui K, et al. Effects of maitake (<i>Grifola frondosa</i>) D-Fraction on the carcinoma angiogenesis. <i>Cancer Lett.</i> 2001;172:193-198.†

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Additional Prostate support and healthy Estrogen Balance*			
<p>Indoplex® 286006 – 30 UltraCaps™ 286002 – 60 UltraCaps</p> <p>Stable, Bioavailable Diindolylmethane (DIM), co-solubilized with vitamin E and phosphatidylcholine, for enhanced absorption and bioavailability</p> <p><i>Indoplex® and DIM® are trademarks of and is licensed from BioResponse, L.L.C., U.S. Patent 6,086,915.</i></p>	<p>Take 2 UltraCaps once daily. Take with food. 2 UltraCaps contain:</p> <p>30 mg</p>	<p>Estrogen Balance*</p> <ul style="list-style-type: none"> Supports healthy estrogen metabolism^{*1,2} 	<ol style="list-style-type: none"> Zeligs MA. Safer estrogen with phytonutrition. <i>Towns Lett.</i> 1999;189:83-88.† Le HT, et al. Plant-derived 3,3'-Diindolylmethane is a strong androgen antagonist in human prostate cancer cells. <i>J Biol Chem.</i> 2003 Jun 6;278(23):21136-45.
<p>Calcium D-Glucarate 146006 – 90 UltraCaps</p> <p>Calcium D-Glucarate</p> <p><i>Calcium D-Glucarate licensed from Applied Food Sciences, LLC.</i></p>	<p>Take 1 to 3 UltraCaps three times daily with meals. Three UltraCaps contain:</p> <p>1.5 g</p>	<p>Estrogen Detoxification*</p> <ul style="list-style-type: none"> Supports detoxification by increasing elimination of estrogens via Phase II glucuronidation pathways^{*1} 	<ol style="list-style-type: none"> Walaszek Z, et al. Metabolism, uptake, and excretion of a D-glucaric acid salt and its potential use in cancer prevention. <i>Cancer Detect Prev.</i> 1997;21(2):178-90.†

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