Healthy Cellular Apoptosis, Active Management*

Oxidative Stress*

### Product & Ingredient | Dosage | Features | Reference
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**Vitaline® CoQ10**
76183 – 30 chewable wafers, Maple Nut flavor
76186 – 60 chewable wafers, Maple Nut flavor
76196 – 60 chewable wafers, Maple Nut flavor
Coenzyme Q10 (CoQ10) (ubiquinone)
High purity
Natural Form

- Take 2-3 wafers daily.
- Each wafer contains: 300 mg
- Under doctor’s supervision, may be used concurrent with conventional therapies
- **CoQ10 is required for healthy cellular function**\(^1\)
- A well-documented antioxidant and free radical scavenger, CoQ10 protects mitochondrial DNA, protein, and lipids from oxidative damage*
- Supports healthy cell growth and development\(^2-4\)
- Significantly increases levels of IgG and T4-lymphocytes\(^5\)


**Recancostat® 400 supplement**
236006 – 60 UltraCaps™
236007 – 56 g powder

Reduced Glutathione (GSH)
10% Anthocyanins
Blend:
Bilberry
Black currant
European elder
L-Cysteine

*Recancostat® is a registered trademark of Gernot Treusch.*

- Take 1 UltraCap or 1 scoop (700 mg) with water on an empty stomach, 1-3 times daily.
- Each serving contains: 400 mg 200 mg
- **80 mg**
- Under doctor’s supervision, may be used concurrent with conventional therapies
- **Reduced glutathione is essential to cellular detoxification, amino acid transport, production of coenzymes and recycling of vitamin E and C**\(^1\)
- A powerful antioxidant that functions inside the cells, reduced glutathione blocks free radical damage to all types of tissues\(^1\)
- Adequate levels of GSH and antioxidants are desirable for supporting immune function\(^1\)
- **AnthoRedoxin™ - an exclusive blend of potent fruit antioxidants called anthocyanins, which help maintain the efficacy of GSH**\(^6\)
- Recancostat supplement has been clinically shown to enhances glutathione levels\(^3\)


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| **Immun'Age** 56413 – 30 packets Fermented Papaya Preparation (FPP) | Take 2-3 packets for 2-3 days then 1 packet a day thereafter. Each packet contains: 3 g Take in between meals. Dissolve in mouth. Do not take with water. Do not eat or drink anything 5 minutes before or after. | • Supports both antioxidant and immune system function, including a clinically validated impact on two pathways that eliminate free radicals from the body, Superoxidas Mutase (SoD) and Glutathione Peroxidase*¹
• Enhances the immunostimulatory activity of macrophages*²
Healthy Cellular Apoptosis, Active Management*

Immune System Function*

Protocols

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| **Cellular Forté MAX3™ supplement** | Take 2 UltraCaps twice daily. Begin 2 days after chemotherapy and stop 1 day before treatment. 800 mg, 220 mg, 30 mg, 10 mg. | - When inositol combines with IP-6, they convert into two IP-3 molecules, which are essential for regulating healthy cell development*.<sup>1</sup>
- Research has demonstrated that IP-6 combined with inositol increases the activity of natural killer cells<sup>2</sup>.
- Maitake D-fraction supports healthy natural killer cell development, macrophage activation, and cytotoxic T cell release.* These actions, in turn trigger production of interleukins and other lymphokines, chemicals that help mediate a healthy immune response.<sup>3</sup>
- POA Cat’s Claw is patented and clinically studied to benefit both the natural and acquired immune systems, plus enhance critical B- and T-cell effectiveness.<sup>4,5</sup> | 1. Shamsuddin AM. Inositol phosphates have novel anticancer function. *J Nutr.* 1995;125:725S-732S.†
5. [Brand name] in the auxiliary treatment with chemotherapy and radiotherapy. Unpublished data.† |

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| **Bio-Zyme® systemic enzymes**<br>
| Pancreatic Enzymes<br>10X (full strength, undiluted) | Protease 81,250 USP<br>Amylase 81,250 USP<br>Lipase 6,500 USP | Trypsin<br>Papain<br>Bromelain<br>Amylase<br>Lipase<br>Lysozyme<br>Chymotrypsin |  |
| | 75 mg<br>50 mg<br>50 mg<br>10 mg<br>10 mg<br>10 mg<br>2 mg |  |
| Wild Indigo<br>Echinacea purpurea and pallid (coneflower)<br>Thuja (white cedar leaf) | Esberitox® is a registered trademark of Schaper & Brümmer GmbH & Co. |  |  |

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**Healthy Cellular Apoptosis, Active Management**

Support for the Body’s Natural Anti-Inflammatory Response

**Protocols**

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<tr>
<td>72190 – 105 ml</td>
<td>– 3 original softgels (1.5 g) 3 times daily</td>
<td>• Supports healthy cell growth and differentiation*⁴,⁵</td>
<td>2. Lo CJ, et al. Fish oil modulates macrophage P44/P42 mitogen-activated protein kinase activity induced by lipopolysaccharide. <em>JPEN J Parenter Enteral Nutr.</em> 2000 May-Jun;24(3):159-63.</td>
</tr>
<tr>
<td>1000mg fish oil</td>
<td>Each daily serving contains 1.5 – 5 g fish oil and provides:</td>
<td></td>
<td>5. Hardman WE. Omega-3 fatty acids to augment cancer therapy. <em>J Nutr.</em> 2002 Nov;132(11 Suppl):3508S-3512S.</td>
</tr>
<tr>
<td>72622 - 150 softgels</td>
<td>210-900 mg EPA 125-580 mg DHA</td>
<td></td>
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</tbody>
</table>

Omega-3 Fatty Acids

14-18% EPA**

8.3-11.7% DHA**

Pharmaceutical grade

High purity

Naturally stable

**EPA=eicosapentaenoic acid
**DHA=docosahexaenoic acid

Eskimo-3® is a registered trademark of Cardinova Aktiebolag.

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# Healthy Cellular Apoptosis, Active Management*

**Detoxification***

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| **Fiber Formula** 78452 – 120 UltraCaps™ | Take 4 UltraCaps daily with 8 oz. of water. If desired, may be taken as 2 UltraCaps in the morning and 2 UltraCaps at night. May slowly increase to 8 UltraCaps daily. Four UltraCaps contain: 2 g 1727 mg | • Safely absorbs and eliminates toxins*1  

**Dietary fiber**  
**Fiber Blend containing:**  
Psyllium Husk  
Oat Bran  
Guar Gum  
Pectin (from citrus fruit)  
Marshmallow Root  

**Silybin Phytosome** 78436 – 60 UltraCaps  
Silybin (from milk thistle extract) bound to phosphatidylcholine for enhanced absorption and bioavailability  

Take 1 UltraCaps 1-2 times daily. Each UltraCaps contains: 120 mg | • Supports the body’s natural detoxification and cleansing processes by increasing bile production and flow*  
• Promotes glutathione production, which protects the liver from oxidative damage*1,2  
Proprietary Phytosome™ technology combines one part silybin (the most beneficial component of milk thistle extract) with two parts phosphatidylcholine  

**Probiotic Pearls™**  
active cultures 136001 – 30 pearls  
136002 – 90 pearls  
Stable, Gastric-Protected Probiotic Blend of:  
*Lactobacillus acidophilus and Bifidobacterium longum*  

Take 1 Pearl capsule daily. Each Pearl contains: 1 billion CFU | • Promote healthy intestinal flora balance*1,2  
• Enhance detoxification of DNA-toxic substances in the intestines*1,2  

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<tr>
<td><strong>Calcium D-Glucarate</strong>&lt;br&gt;146006 – 90 UltraCaps™</td>
<td>Take 3 UltraCaps 3 times daily with meals. Three UltraCaps contain: 1.5 g</td>
<td>• Supports detoxification by increasing elimination of estrogens via Phase II glucuronidation pathways.*&lt;sup&gt;1,2&lt;/sup&gt;&lt;br&gt;• Clinically studied</td>
<td>1. Walaszek Z, et al. <em>Metabolism, uptake, and excretion of a D-glucaric acid salt and its potential use in cancer prevention.</em> Cancer Detect Prev. 1997;21(2):178-90.&lt;br&gt;2. Walaszek Z, et al. <em>Antiproliferative effect of dietary glucarate on the Sprague-dawley rat mammary gland.</em> Cancer Lett. 1990 Jan; 49(1):51-7.&lt;br&gt;<em><strong>Precaution: Calcium D-Glucarate is derived from the D-gluconic acid ester of glucuronic acid.</strong></em>&lt;br&gt;<em><strong>Possible side effects include constipation, diarrhea, nausea, and headache.</strong></em>&lt;br&gt;<em><strong>Individuals with a history of kidney or liver disease should consult a healthcare provider before use.</strong></em>&lt;br&gt;**<em>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.</em></td>
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| **Indolplex®**<br>286006 – 30 UltraCaps<br>286002 – 60 UltraCaps | Take 1 UltraCaps daily with food. One UltraCaps contains: 120 mg | • Supports healthy estrogen metabolism*<br>• DIM induces 2-hydroxyestrone (2OH1) and 2-hydroxyestradiol (2-OH2) in diverse tissues, leading to net inhibition of excessive estrogen stimulation*<br>• Once present in the circulation, 2-OH1 and 2-OH2 are metabolized by catechol-O-methyl transferase (COMT), resulting in 2-methoxyestrone and 2-methoxyestradiol*<br>• These critical metabolites have been shown to promote healthy cell development in animals and humans*<sup>1-3</sup><br>• Provides the first and only stable, bioavailable form of DIM<br>• Patented delivery system for enhanced absorption* | 1. Hong C, et al. *3, 3'-Diindolylmethane (DIM) induces a G (1) cell cycle arrest in human breast cancer cells that is accompanied by Sp1-mediated activation of p21 (WAF1/CIP1) expression.* Carcinogenesis. 2002 Aug;23(8):1297-305.<br>2. Le HT, et al. *Plant-derived 3, 3'-Diindolylmethane is a strong androgen antagonist in human prostate cancer cells.* J Biol Chem. 2003;278(23):21146-45.<br>3. Dalessandri KM, et al. *Pilot study: effect of 3, 3'-diindolylmethane supplements on urinary hormone metabolites in postmenopausal women with a history of early stage breast cancer.* Nutr Cancer. 2004; 50(2):161-7.<br>***Indolplex® and DIM® are trademarks of and is licensed from BioResponse, L.L.C., U.S. Patent 6,086,915.*
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<tr>
<td>Turmeric (Curcuma longa) (85-100% curcumin)</td>
<td>1000 mg</td>
<td>Turmeric and Green tea possess powerful antioxidant activity and support healthy breast cells**:2-7</td>
<td>3. Verma SP, et al. The inhibition of estrogenic effects of pesticides and environmental chemicals by Curcumin and isoflavonoids. Environmental Health Perspectives. 1998 Dec;106:807-812.</td>
</tr>
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# Healthy Cellular Apoptosis, Active Management*

## Prostate Health*

[www.itiprotocols.integrativeinc.com](http://www.itiprotocols.integrativeinc.com)

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<tr>
<td>Lycopene</td>
<td>1 mg</td>
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### Healthy Cells™ Prostate*

**Dosage**: One tablet twice daily with meals. Each tablet contains:
- 200 mg Calcium D-Glucarate
- 50 mg Green Tea (Camellia sinensis)
- 55 mg Maitake (Grifola frondosa) Mushroom
- 2.5 mg Lycopene

**Features**
- Supports the development of healthy prostate cells*¹-⁵
- Helps maintain healthy testosterone levels*¹-⁵

**Reference**

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## Additional Prostate support and healthy Estrogen Balance*

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| **Indolplex®**
286006 – 30 UltraCaps™
286002 – 60 UltraCaps |
Stable, Bioavailable
Diindolylmethane (DIM), co-solubilized with vitamin E and phosphatidylcholine, for enhanced absorption and bioavailability |
Take 2 UltraCaps once daily. Take with food. 2 UltraCaps contain: 30 mg |
Estrogen Balance*
- Supports healthy estrogen metabolism¹,² |
| **Calcium D-Glucarate**
146006 – 90 UltraCaps |
Calcium D-Glucarate |
Take 1 to 3 UltraCaps three times daily with meals. Three UltraCaps contain: 1.5 g |
Estrogen Detoxification*
- Supports detoxification by increasing elimination of estrogens via Phase II glucuronidation pathways¹ |

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